

1 Listen and label the pictures.  1

grassland lighthouse driveway TV crew
herd backyard hyena dawn



2 Think of answers to the following questions.

1. What animals are you likely to see in each of the two places?
2. What activities can you do there?
3. Which of the activities do you consider "high adventure"?
4. Which place is more fun to go to? Why?

3 Share your answers with other students.

1 Read, listen and number the pictures.  2



Hi guys,
 This is the best vacation ever! I'm staying with my uncle Alan on his farm in Kenya. Yesterday we went on a balloon trip! We had to start really early in the morning. We saw a beautiful sunrise and lots of wild animals before we got stuck in a tree! Take a look at my amazing pictures! Nathan



Rule of Thumb



We were descending when the balloon got stuck in a tree.

• Match the sentence halves.

1. Uncle Alan was blowing up the balloon
2. I was taking pictures of some zebras
3. We were floating over a river
4. We were descending
5. We were climbing down the tree

- a. when the balloon got stuck in a tree.
- b. when a lion attacked one of them.
- c. when a giraffe appeared and stared at us.
- d. when we saw a herd of elephants.
- e. when my mother called.

2 Play Story Starters in groups.  1A

1 Listen and complete the chart.  3

The North Pole Marathon	
Temperature	
Entry Fee	



A TRUE LIFE STORY

One of this year's runners is Ted Jackson. Ted is a British athlete who was born in Surrey in 1973. He has had a very interesting life! He has worked as a house builder and has taught English. And—believe it or not—Ted is also an opera singer! He hasn't recorded a CD yet, but he has sung with the Royal Philharmonic Concert Orchestra in London. Ted has already run in the London and New York marathons, although he hasn't won a race yet. He has cycled the Tour de France race, and he has also swum across the English Channel, from England to France! To prepare for the North Pole Marathon, Ted ran inside a huge freezer in a meat shop! In 2015 he ran seven marathons, on seven continents, in seven days!

• Read and mark (✓ or X).

- recorded a 
- built a 
- cycled in France 
- swum across 
- won a 

• Guess the answers in pairs.

1. Has Ted parachuted from an airplane yet?
2. Has he written his autobiography yet?
3. Has he gotten married yet?
4. Has he built his own house yet?
5. Has he ridden an elephant yet?

• Check your guesses in the key below.

• Role-play an interview with Ted.

Have you won a race yet? No, I haven't.



Rule of Thumb

Ted has already run in London. He hasn't recorded a CD yet.

1. Yes, he has. 2. No, he hasn't. 3. Yes, he has. 4. No, he hasn't. 5. Yes, he has.

1 Listen and match the questions and answers.  4



1. Have you ever run in a marathon?
2. When did you start running?
3. How did you prepare for the cold weather today?
4. How long did today's marathon take you?
5. What was the worst moment?
6. Have you made friends with any of the other runners?
7. Have you decided about next year's marathon?
8. How do you feel now?

- | | |
|---|---|
| <input type="checkbox"/> Oh yes, I _____ good friends with three other runners. | <input type="checkbox"/> Yes, I _____. In fact, I _____ in a marathon last January. |
| <input type="checkbox"/> Well, I _____ just _____ the world's coldest marathon, so I feel cold and tired. | <input type="checkbox"/> Eighteen and a half hours. I think I _____ in last! |
| <input type="checkbox"/> Yes, I _____. I'm definitely coming back! | <input type="checkbox"/> Well, at one point, I _____ I saw a polar bear. |
| <input type="checkbox"/> About five years ago. I _____ in a marathon in New York. | <input type="checkbox"/> I _____ three layers of thick clothes! But I'm still cold! |



• Complete the answers. Listen again and check.

2 Interview a classmate.

Have you ever...

- participated in a race?
- eaten insects?
- stayed up all night?
- swum in cold water?
- slept in a tent?
- climbed a tree?
- ridden a horse?
- won a prize?



• Choose a question and get more details from your classmate.

When...? Where...? How...?

• Present your results to the class.

Angie has eaten insects. She ate some crickets last year in Mexico.

Rule of Thumb



Have you ever won a marathon?
Yes, I have. / No, I haven't. / Not yet.
When did you win it? Last year.

1 Look at the pictures on pages 8 and 9 and discuss. 

1. How many of these places can you name?
2. Where are they?
3. What else can you say about them?

- **Read the text *Amazing Places* and complete the sentences below.**



Amazing Places

Have you heard of any of the following places: The Grand Canyon, Stonehenge, Machu Picchu, The Great Barrier Reef, the Taj Mahal or the Great Wall of China? These amazing places are unique and they all belong to the peoples of the world. They are UNESCO World Heritage sites. UNESCO protects them for future generations to explore and enjoy.

The World Heritage emblem represents its values. The square symbolizes the creations of humankind and the circle represents the gifts of nature. The emblem is also round, like the world, and this shows that our global heritage should be protected for everyone. The words around the circle are in English, French and Spanish.

There are 890 World Heritage sites around the world. Italy, with 44 sites, has more than any other country, and there are 29 sites in Mexico, including downtown Mexico City and the whale sanctuary in Baja California.

One of the first places to be designated a World Heritage site was the Galapagos Islands. These islands are located 1,000 kilometers off the coast of Ecuador. This great distance has given rise to unique animal life there, including the giant tortoise and the land iguana, which were studied by Charles Darwin on his famous trip in 1835.

One of the most recently designated sites is the Tower of Hercules in Spain. This lighthouse, originally built by the Romans, has been a landmark for nearly 2,000 years!

1. The World Heritage sites belong _____
2. The square and circle in the emblem represent _____
3. The words that surround the circle are in _____
4. One of the first World Heritage sites was _____
5. The isolation of the Galapagos Islands led to _____
6. The Tower of Hercules in Spain has been _____

1 Think of adjectives to describe the pictures on page 9. 

2 Read the text and circle the adjectives.

The Lost City of the Incas

Machu Picchu is the most mysterious city in Peru. It became a World Heritage site in 1983. This remote city lies 2,430 meters above the sea, in the middle of the rainforest. The Incas built the city around 1460, but they lived there for only 100 years. Was it a retreat for the Incan kings, a sacred center or a mausoleum like the Pyramids of Egypt? And why was it abandoned? Nobody knows. Approximately 1,200 people once lived in or around this ancient city. It was made up of about 200 buildings constructed from stone. The Incas were amazing architects and engineers. Even today, many of the buildings are in fantastic condition, and the fountains and aqueducts still work! So now, over 500 years later, we can wander through Machu Picchu and visit its ancient temples, palaces, plazas and observatory, and imagine what life was like in this fascinating city.

Project

Make a World Heritage site model.

- Research and choose a site. It could be in your country or anywhere else in the world.
- Brainstorm ideas for visually representing your site. What are the most interesting facts?
- Present your model to the class and convince your classmates to visit your site!



Visit the beautiful Central Amazon Conservation Complex in Brazil! You can see incredible wildlife!

1 Read and number the pictures.

1 We're on a school trip to Florida and we've been visiting all kinds of places. I've been taking lots of photos. Today we're at the beach near Miami.

2 Today we're visiting the Kennedy Space Center! Marian has been pretending to be an astronaut. Don't worry! She still hasn't left for the moon.

3 Today we're visiting Sea World. Rachel has been swimming with a beluga whale all afternoon. It's so cool!

4 We've been camping in the Everglades for three days. Luke has been making dinner every night. He's a great cook!



• Unscramble the sentences.

surfing / has / Lucas / for hours / been learning / rockets / been / I've / about

I've / pool / next / sitting / the / been / to been / afternoon / he's / cooking / all

1. _____
2. _____
3. _____
4. _____

2 Play *What Have I Been Doing?* in groups.  1B

I feel hot and very tired.

Have you been running?

Rule of Thumb

He's been surfing for two hours. Have you been surfing?



It hasn't been snowing all morning.

1 Listen and solve the riddles. 5



- Write two more riddles in your notebook.

2 Look, read and correct the blog.

Everglades National Park

We've been camping in Everglades National Park for five days now. There are 10,000 islands here—and more than 2,000 alligators! I love sleeping in a tent, but I miss my bed back home! Here are my latest photos.

1

It has been snowing all morning.
It hasn't been snowing all morning.
 It has been raining all morning.

2

We have been reading books all day.

3

A snake has been crawling around my tent!

4

I've been diving in the river.

1 Read the article and add the questions.  2

How do you make a cache? What do you do when you find it?
How does Geocaching work? How do you start? What is GPS?



Geocaching - Explore Your Own Neighborhood

You don't have to climb mountains to have adventures. You can discover things in your own backyard with Geocaching! The word Geocaching comes from "geo" (the Earth) and "cache" (a safe place). So a geocache is something that is hidden somewhere on the Earth.

Geocaching is like a treasure hunt. You hide something (the cache) outdoors and use a GPS receiver to record its coordinates. Then you post the coordinates on a website so people know where to look for the cache. You can add clues, too. With Geocaching you can find out about new places and have fun at the same time!

GPS stands for Global Positioning System. A GPS receiver is like a car satellite navigation system. It uses 24 satellites that are orbiting the Earth. When you enter the coordinates in your GPS, it works out the location.

It's easy! Many schools set up Geocaching activities, or you can do it with your family or friends. You can find out where local geocaches are on the Internet.

To make a cache you put together a collection of small things, such as toys, key rings, coins, messages or photos and place them in a waterproof container. You should include a logbook and a pencil, and maybe a disposable camera.

When you find a cache, you must fill out the logbook and write your name or code name, the date and the time. If there is a camera, you take a photo of yourself. You can also take away something. But if you do that, you must leave a new item behind!



Rule of Thumb

Many schools set up geocaching activities.

- **Circle phrasal verbs that mean:** remove, discover, search, organize, calculate, complete, mean

2 Match and complete the statements. Use the correct tense.

- | | |
|--|-----------|
| 1. He wasn't listening, so his teacher _____ his cell phone. | find out |
| 2. I'm _____ my glasses. I can't find them anywhere! | stand for |
| 3. Guess what? I _____ that my great-grandfather was a pirate! | take away |
| 4. What does www _____? | look for |



1 Listen and say the poem. 6

Hopping for the Girl

I've always dreamed about a girl.
Her name is Ann Marie.
I've entered the school potato sack race
Because I want her to notice me.

I've decided I have to win the race,
So I've worked hard for many days.
I've jumped and stretched and trained.
I've lifted weights a hundred ways.

Now the day of the race has arrived,
And I'm ready to begin.
Ann Marie is hopping next to me,
So I have to let her win!

They've all applauded Ann Marie,
But oh, what do I see?
Her happy, shining, pretty face,
Smiling just at me!



• Underline the past participles and classify.

1. worked /t/

2. dreamed /d/

3. decided /id/

• Listen and classify the past participles (1, 2 or 3). 7

Excuse me, has the race **started** yet?



You look tired!

I've just **cycled** 100 kilometers!



No, I haven't!



Have you **finished** your homework yet?

Have you **washed** the car yet?



Er... not yet.



The Visitors

Episode 1

My name is Melau. This is the story of what happened to me when I was 13 and my life changed forever.

I live in Tanzania in East Africa. Have you ever heard of Mount Kilimanjaro or Lake Victoria — Africa's largest lake? Well, they're in my country. My grandparents were Maasai tribesmen. They used to wander freely with their animals all over the wide plains of Tanzania, but times have changed for my family. Now our home is in a small village, and we don't travel very often. However, when I was 13, my little sister Naipaipai and I still kept up the tradition of traveling! Every day we had to walk twenty kilometers... twice! Why? To go to school! You might find this difficult to believe, but I love school. And I've always loved studying English. In fact, I've written this story in English. Not bad, eh?

One day our mother woke us up, as usual, before dawn. By the time we got up, breakfast was already on the table. We ate in silence—who wants to talk at four o'clock in the morning?—then put our lunch in our bags. When we left home, the moon was hanging in a sky crowded with stars.

On the long walk to school, I always carried my sister's bag. Sometimes, when she got too hot and tired, I carried her, too! We used to meet friends from other villages along the way and tell jokes or sing. That morning, Naipaipai was sitting on my shoulders when she said, "Shhh!"



We stopped suddenly. The sun was rising over the distant trees, casting long shadows over the grasslands. The only sound was our breathing. Then we heard a howl. Hyenas! There were three of them. They looked hungry, and they were coming closer. But we knew what to do. Without a word, we picked up stones and threw them at the hyenas. I made a direct hit! The hyenas yelped and ran away.

We got to school at eight o'clock that morning, but immediately I sensed something was different. There were three strangers there—two men and a woman. They were talking to our teachers and looking around. I felt nervous. In fact, they made me more nervous than the hyenas! What did they want? And what were they doing at our school?

1 Read the story and make a story map. 8

Story Map

The Characters

- Who is the main character?
- What is he like?

The Setting

- Where does the story take place?
- When does the story take place?

The Plot

- What happens?

The three visitors were standing in front of the school with our teacher, Mr. Nairiamu. They were wearing city clothes, and my first impression was that they were European or American. One of the men was holding some kind of map. They were all looking at it, then pointing here, there, everywhere. Mr. Nairiamu was nodding. But what did those nods mean?

Then Mr. Nairiamu looked at us and said, "Hey kids, don't just stand around. It's time for your lessons." He walked into one of the classrooms, and my sister and friends followed him. But I held back. I was sure these strangers had big plans, and I was worried. I walked up to the woman—my heart was in my mouth!—and I said, "Please don't take our school away."

She looked at me in surprise. "Hey, you speak English very well," she said. I ignored her compliment.

"Our school is important to us. We want to learn. You can't survive in this world without an education!"

She smiled. I didn't trust her smile, but the woman said, "We don't want to take away your school. In fact, we want to make it better. And make it easier for you to study."

The visitors were from an international foundation, and even though I doubted them at first, they were true to their word. A month later work started. They worked with us, and together we built three dormitories—one for the boys, another for the girls, and even one for the teachers. And they helped us build a kitchen, too, where we ate our meals. Maybe you don't like the idea of living away from home, but for us, it was like staying in a five-star hotel. We could start the day without feeling tired. It was fantastic! And we still went home on the weekends.

Six months later, we got some news from the visitors. A TV crew was coming all the way from the United States! They wanted to film the school. And Mr. Nairiamu said they wanted to interview me!

The night before the interview, I was so excited that I couldn't sleep. But early the next morning, before the film crew arrived, Mr. Nairiamu came into the dormitory to talk to me. "Are you awake, Melau?"

"Yes, sir."

"Then get up now. You have to go home. Your mother is very sick."



1 Read the story and write who or what the words refer to.  9

1. **They** were wearing city clothes. _____
2. They were all looking at **it**... _____
3. Then Mr. Nairiamu looked at **us**... _____
4. She looked at **me** in surprise. _____
5. I ignored **her** compliment. _____
6. **They** wanted to film the school. _____

1 Ask questions to complete the cards with names of your classmates.

2 people who like outdoor activities

2 people who don't like camping

2 people who like campfires

2 people who like spooky stories

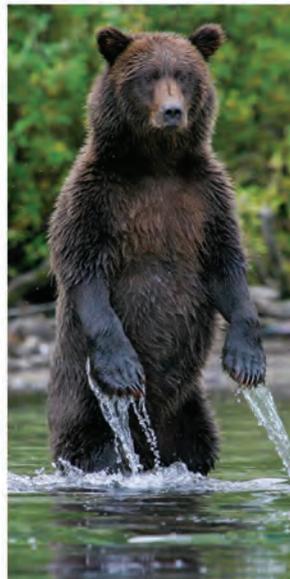
2 Listen to the conversation and circle the correct options.  10

1. Amelia *went / didn't go* to the camping trip.
2. Amelia's dad *hurt his knee / crashed his car*.
3. On the first day at the camp, the children went *canoeing / surfing*.
4. Jack had an accident at *the beginning / the end* of the canoeing competition.
5. In the evening, the children *went to the forest / lit campfires*.
6. Mrs. Miller *finished / did not finish* telling the children the spooky story.

3 Match the sentence halves.

- | | |
|--|--|
| 1. Amelia's dad was driving the car | fell into the water. |
| 2. Jack was finishing the race when he | heard strange noises coming from the forest. |
| 3. Mrs. Miller was telling the campers
a spooky story when they | when a dog crossed the street in front of him. |

4 Make a crazy chain story using the pictures.



I was swimming in the river when...

Writing

1 Look and mark (✓) the imaginary trip you choose.



A jungle adventure in Costa Rica



A scientific trip to Antarctica

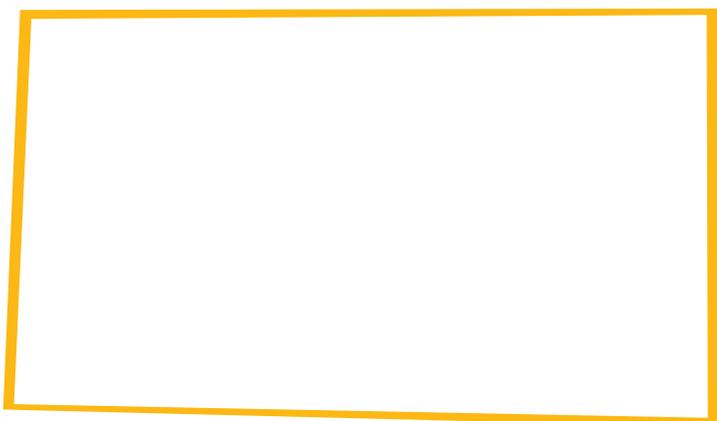


A camping trip to Australia

• In your notebook, make a timeline of four crazy events during your trip.

Day / Time	Monday, 10 am, walking to the airport	Monday, 11 am, riding in an ambulance	Tuesday, 11 am, leaving the hospital	Wednesday, 2 pm, arriving at the airport
Event	a giant snake bit me	a wild monkey attacked the driver	there was an earthquake	a thief stole my passport

• Draw the four events.



• Write a description of each event.

I had a wonderful trip to *Costa Rica*, but I was ready to go home! I was walking along the road to the airport when suddenly a giant snake bit me! I started to cry and yell...

Valentine's Day

1 Unscramble the verbs to complete the poem.

Ode to My Special Valentine

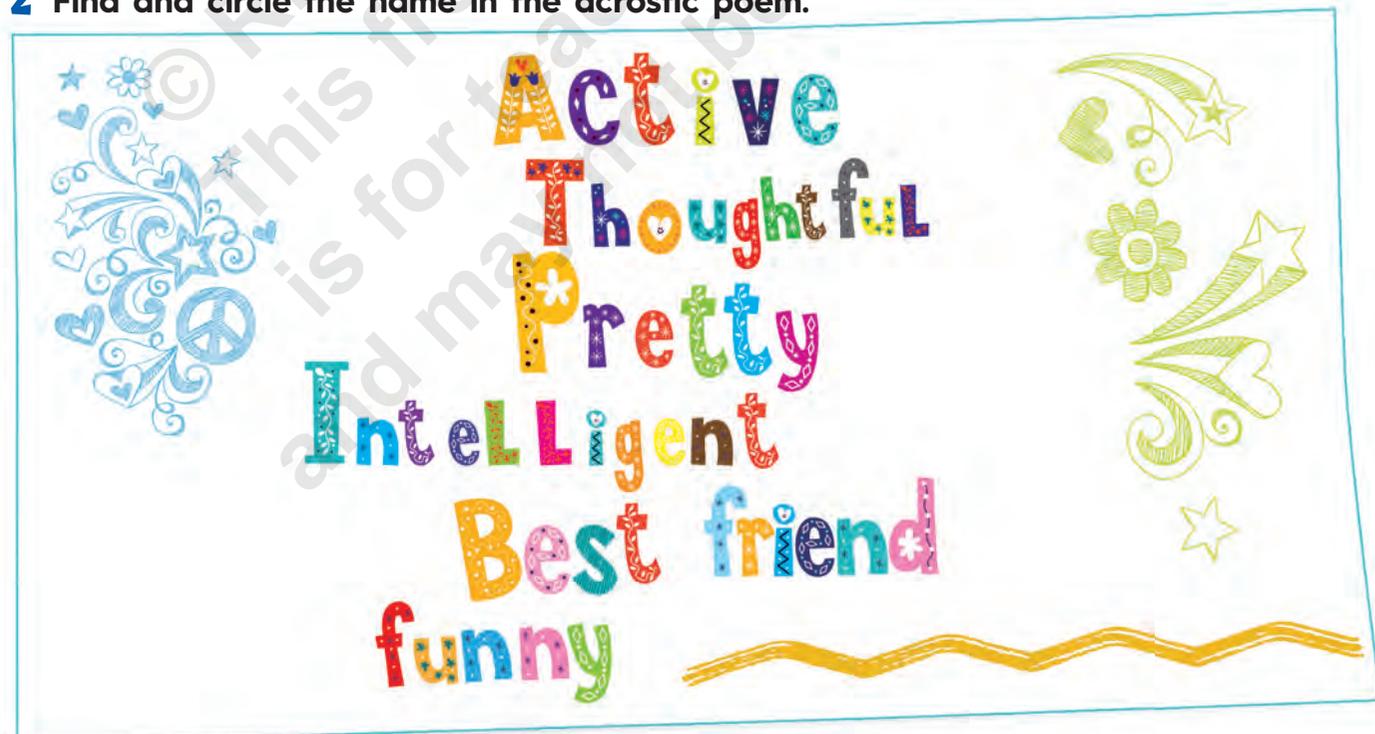
Is it the way you _____ (ismle) that I love so?
Or is it the way you _____ (emvo)? Oh! I don't know.
Is it the way you _____ (aghul)? I just can't say.
Why do I think of you all through the day?
Is it the way you _____ (caedn) that I love so?
Or is it the way you _____ (kalw)? Oh! I don't know.
Is it the way you _____ (ookl)? I just can't say.
Why do I think of you all through the day?



Complete your own Valentine's Day poem.

Is it the way you _____ that I love so?
Or is it the way you _____ ? Oh! I don't know.
Is it the way you _____ ? I just can't say.
Why do I think of you all through the day?

2 Find and circle the name in the acrostic poem.



- Write a Valentine's Day acrostic poem and make a card.

Easter

1 Discuss the questions and read.

1. Do you eat anything special at Easter?
2. What special celebrations do you have?

An Easter Tradition: Hot Cross Buns

Do you get tired of eating the same old cookies all year long? In the United Kingdom, hot cross buns are traditionally eaten on Good Friday and during Lent. These buns contain spices and dried fruit, and have a cross on the top. They are delicious—especially when you eat them straight out of the oven!



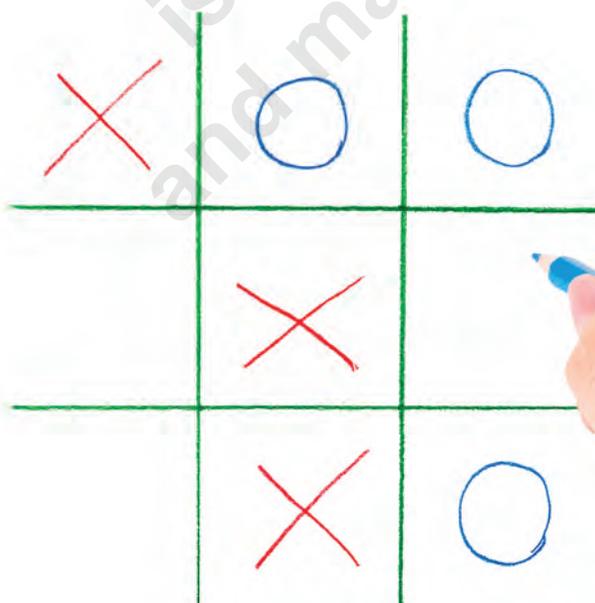
2 Say the traditional British chant.

Hot cross buns!
Hot cross buns!
One a penny, two a penny,
Hot cross buns!
If you have no daughters,
Give them to your sons.
One a penny, two a penny,
Hot cross buns!



- In your notebook, write a chant for Easter eggs.

3 Make an Easter Noughts and Crosses game.



Do you know the name of this game in American English?

Mother's Day

1 Complete the poem. Then listen and check your answers.  88

lazy do music day tidy feet

I'm just me, Mom!

I'm not very _____, and I'm not very neat.

I'm sorry about my big smelly _____.

I know that my _____ can drive you crazy.

And I'm sorry that I'm a little bit _____.

But whatever I _____ and whatever I say,

Thank you for helping me day after _____!

2 Do the survey.

Your mom is a very special person. She thinks about you all the time. But how well do you know her? Answer the questions and find out!

	My Answer	My Mom's Answer
1. What's your mom's favorite color?		
2. What's her ideal holiday?		
3. What does she eat for breakfast?		
4. When's her birthday?		
5. What was your mom's best subject in school?		
6. What's her favorite food?		
7. What are your mom's hobbies?		
8. Which TV show does she enjoy the most?		
9. If your mom wanted to chat with someone, who would she talk to?		
10. Who is her favorite movie star?		

• Check your answers with your mom. Then score and read the key.

70-100%	You know your mom really well. How well do you know your dad?
40-60%	You should talk to your mom more often and listen to what she says!
0-30%	Hey! Do you live in the same home as your mom?



Components

For the Student

- Student's Book
- Practice Book
- Student's Resource Book
- Practice Tests Booklet
- Student's CD

For the Teacher

- Teacher's Guide (Units 1-4)
- Teacher's Guide (Units 5-8)
- Posters and Poster Cutouts
- Teacher's Resource CDs
 - Class CDs
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 - Resources: flashcards, word cards, templates, grammar worksheets, assessments, practice tests audio, audioscript and answer key
 - YLE Reference Table

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